



Welcome to the **Lake Titicaca Extension** **PERU**

MEETING PLACE:	Cusco, Peru – Hotel Libertador
ARRIVAL:	Meet in the lobby of Hotel Libertador following the final night of the Multi-Sport.
DEPARTURE:	Return to Lima on Day 5 for afternoon or evening flights home.
AGE LIMIT:	Minimum age is 10.
TRIP LENGTH:	5 days
ACTIVITIES:	Hiking and Sea Kayaking

Nestled in the vast highland basin straddling Peru and Bolivia, Lake Titicaca is the world's highest navigable lake. At 12,500 feet above sea level, it covers 3205 square miles of the high Andean plain known as the Altiplano. The ancient Andean civilizations of the Quechua and Aymara considered the waters sacred and legend holds that the founders of the Inca Empire, Manco Capac and Mama Ocllo, were born beneath its waves.

Our **Lake Titicaca Extension** is the ideal way to broaden your Peru Multi-Sport adventure to include this not-to-be-missed Peruvian destination. Your time on and around Lake Titicaca will provide you with an in-depth exploration of the portion of the lake in Peru's Puno region, along with a number of ancient and colonial cities. You will also have the opportunity to visit the famous floating islands of Uros.

Why Lake Titicaca

- Rivers and glaciers flowing from the high Andean mountains that surround the Altiplano feed Lake Titicaca. Although 25 rivers empty their water into the lake, only one river flows out. The Desaguadera River accounts for just 5% of the total water loss, however; the rest lost through evaporation due to the strong winds and intense sunlight.
- Lake Titicaca is generally considered the largest lake in South America. The semi-salty Lake Maracaibo in Venezuela is considerably larger, but because it is connected to the ocean, many believe it should be classified as a sea.

SEA KAYAKING

- The sea kayak is a low-impact watercraft, first invented by the ancient Inuit peoples in the Arctic Ocean. It has evolved into a stable, efficient, and extremely sea-worthy vehicle, making open water exploration easily accessible and almost completely unobtrusive.

ALTIPLANO

- The Altiplano of the central Andes is the most extensive region of high plateau on the planet outside of Tibet. At the end of the Pleistocene era, the whole plateau was covered by a vast lake, the present day remnants of which make up Lake Titicaca. The average elevation on the Altiplano is 11,000 feet and it includes parts of Argentina, Chile, Bolivia and Peru.

INDIGINOUS CULTURE

- Lake Titicaca is notable for a population of people living on islands hand-made from masses of reeds. Uros is the name used to describe both the Pre-Inca people who first created these artificial floating islands, as well as the islands themselves. There are around 3000 descendants of the original population still alive today, though only a few hundred still live on the islands.

Sample Itinerary

Day 1: Cusco / Llachon

- After breakfast at the Hotel Libertador, our adventure continues with a scenic drive heading south through the narrow Cusco Valley and on into the Vilcanota Valley. Along the way, we will stop at various points of interest, including a hidden canyon with marvelous rock formations at Tinajani, where we will have lunch and take a short hike. Back on the road, we'll make our way down to the southern tip of the Capachica Peninsula; here we'll overnight in a lodge in the community of Llachon.
(B,L,D)

Day 2: Llachon / Tikonata

- In the morning, we'll make an early departure by sea kayak, hugging the shoreline along the Capachica Peninsula. We'll cross the Bay of Cotos and continue along the shore until we reach the island of Tikonata. Upon landing at the island, we'll have put in a good 4 hours in the kayaks and will be ready to stretch our legs. We'll check in to a rural lodge and have the opportunity to walk around this mostly uninhabited island.
(B,L,D)

Day 3: Tikonata / Taquile

- Today we will paddle past small rocky islands as we make our way to Taquile Island. After paddling for about 3 hours, we hike the southern tip of Taquile, towards the village. Here we visit the main square. The people of Taquile are known for their fine handwoven textile products, which are among the highest quality in Peru. We spend the night at a rural lodge, which offers beautiful views of the surrounding shore, including the Cordillera on the Bolivian Side of the lake.
(B,L,D)

Day 4: Taquile / Puno

- Today we explore the coastline of the island. After lunch, by boat, we visit the famed floating islands of Uros. The people living on these islands are descendants of a nearly extinct culture that originally constructed these islands out of reeds to escape the Incas dominating the mainland. After visiting this very popular tourist destination, we'll make the crossing to the colonial city of Puno, where dinner this evening will be on your own.
(B,L)

Day 5: Puno / Juliaca / Lima / Home

- We'll rise early this morning for the drive to the airport at Juliaca and our return flight to Lima. Upon arrival in Lima, we will be transferred to the Marriott hotel, where we'll have use of a day room until 6:00 PM. The afternoon is free for shopping or exploration, before an evening transfer to the airport for departing flights.
(B)

Price

In order to be able to offer this extension to as few as 2 travelers, we have set up pricing on a tiered scale. These prices are per person, based on double occupancy:

- 2 guests: US \$1,010.00
- 3 guests: US \$866.00
- 4-6 guests: US \$746.00
- 7-9 guests: US \$585.00
- 10-12 guests: US \$541.00
- 13-15 guests: US \$509.00
- Single Supplement: US \$212.00

What's Included?

- Professional guide service
- 4-nights accommodation (based on double occupancy)
- All meals as outlined in the itinerary
- Group airport transfers
- All kayaking gear and safety equipment
- All activities as outlined in the itinerary
- Ground transportation

What's Not Included?

- Flights US\$291 (1 time charge for Multi-Sport and extension)
- Domestic airport security taxes approximately US\$10 (1 time charge for Multi-Sport and extension)
- Airport departure tax US\$28.24 (1 time charge for Multi-Sport and extension)
- Single supplement US\$210
- Excess baggage charges
- Meals not covered in itinerary
- Insurance of any kind, including travel or mandatory medical evacuation insurance
- Cost of immunizations (if necessary)
- Alcohol and personal items
- Gratuities

A Few Important Details

Reservations & Deposit

- \$500/person deposit is required at the time of reservation. The balance is due 90 days prior to departure.

Cancellations & Refunds

- If you find it necessary to cancel your trip, notify us as soon as possible. You can telephone, but we also need a written notice. All payments are nonrefundable and we regret that we cannot make exceptions for personal emergencies. For this reason, we strongly urge our participants to investigate trip cancellation insurance (see Insurance).

Medical

- Under most circumstances, if you are of an adventurous spirit and in reasonably good health, you should have no problem enjoying this trip. Pregnant women and those with heart trouble should have their physicians' approval before taking an adventure travel trip.

Insurance

- Although every effort is made to ensure a safe trip for all, **we require that you purchase medical emergency evacuation insurance** and also strongly recommend that you protect yourself, your belongings, and your vacation through the purchase of a short-term traveler's policy. A trip cancellation policy covers your non-refundable payments in most cases, should you have to cancel your trip at the last minute due to illness or injury. Trip participants should realize that in the event of illness or injury on a river trip, evacuation could be prolonged, difficult, and expensive. Personal belongings and cameras are carried entirely at the owner's risk, and we accept no responsibility for lost, damaged, delayed, or stolen property.

Liability Waiver

- Everyone is required to sign a standard liability release before the trip, acknowledging awareness that some risks are associated with the trip. Safety is of the utmost concern on our trips. However, due to the nature of the activities, a condition of your participation is that you will sign this form before the trip begins. Anyone who refuses to sign the form will not be allowed to participate, and consistent with Travel Outdoors, Inc. cancellation policy, there will be no refund of the trip fees at that time. Copies available. Please call.

Responsibility – An Important Notice

- Travel Outdoors, Inc., Explorandes Peru and cooperating agencies act only in the capacity of agent for the participants in all matters relating to transportation and/or all other related travel services, and assume no responsibility however caused for injury, loss or damage to person or property in connection with any service, including but not limited to that resulting directly or indirectly from acts of God, detention, annoyance, delays, and expenses arising from quarantine, strikes, theft, pilferage, force majeure, failure of any means of conveyance to arrive or depart as scheduled, civil disturbances, government restrictions or regulations, and discrepancies or change in transit over which they have no control. Reasonable changes in itinerary may be made where deemed advisable for the comfort and wellbeing of the participants, including cancellation due to water fluctuation, insufficient bookings, and other factors.
- We are experienced at accommodating people with various disabilities. Please give us an opportunity to make you feel welcome. However, we need to discuss any special requirements ahead of time. We may decide, at any time, to exclude any person or group for any reason we feel is related to the safety of our trips. On advancement of deposit the depositor agrees to be bound by the above recited terms and conditions. Prices and itinerary are subject to change without notice.

Explorandes Peru:

- Explorandes Peru, a travel partner of Travel Outdoors, Inc. is the operator of this trip. Upon arrival, a representative will meet you and escort you throughout the program. These staff members are the very best and will strive to ensure your complete satisfaction.

Contact Information:

- For more information on this or any of our over 75 rafting, sea kayaking, or multi-sport adventures, please call us at **800-446-2411** or email us at info@oars.com and one of our knowledgeable Adventure Consultants will be happy to help you.